



# CCIA Chronicle

Spring 2019

## YOU'RE INVITED!

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The Canandaigua community is invited to join the Good Shepherd Lutheran Church on Sunday April 7<sup>th</sup> at 7 pm for a Lenten Prayer Service.

The "Holden Evening Prayer Service" was written by composer Marty Haugen over 30 years ago at the Holden Village- a Lutheran Retreat Center in the Cascade Mountains in the State

of Washington, and is a contemplative, sung liturgy.

Good Shepherd's prayer and worship teams joined forces to decide that this would be a wonderful opportunity to invite the whole community to experience this beautiful service.

There will be a reception following the service.

If anyone is interested in obtaining the music to become familiar with it, to enjoy singing along, it can be purchased through [www.giamusic.com/store/resource/holden-evening-prayer](http://www.giamusic.com/store/resource/holden-evening-prayer) for a nominal price.

Our next work session is March 23rd - please join us! For more info call: 394-2760

## A RECIPE FOR BIRTHDAY FUN

Imagine that even planning a birthday for a family member is outside your budget-even the basics and how that must make you feel.

Another "ministry" through CCIA is creating "birthday bags". Clients visiting the food pantries can select an already packed bag—filled with all the fixings.

Perhaps your Sunday School classes or another group might decide to make this an ongoing "mission project". The creation of these gift bags will bring joy to both your group and to the family they touch.

### Recipe For Fun

- A small gift bag—sturdy enough to hold the following items—extra fun is to decorate the outside of the bag!
- A box cake mix—any flavor
- Can of icing—your choice
- Pkg. of candles
- Festive dessert-sized plates
- Pkg. of napkins
- Balloons
- Optionals—other ways to decorate that fit in the bag

These "Birthday bags" can be placed with your other CCIA Food Pantry donations, or contact Jeff Lippincott at (585)394-7450 to schedule your drop off.

# DRESS A GIRL...FIGHT HUMAN TRAFFICKING

What little girl doesn't love getting new dresses? But for girls living in extreme poverty around the world, a new dress is something they can only dream of. Enter "Dress a Girl Around the World", a program that provides simple but pretty dresses for girls in third world countries.

Sadly, in many countries, little girls have no value in the community and are treated worse than livestock. Any girl who looks as if she doesn't belong to someone is a target for sex traffickers or other predators. That's where Dress a Girl comes in. Dresses are made by people here in the US and 16 other countries. Each dress has a Dress a Girl label affixed to the front. The dresses are taken to third world countries by missionaries who distribute them in person. When a missionary meets a girl who is dressed in rags, she kneels down, prays for the girl and slips the dress on her explaining that God loves her and she is valuable. For many of these little girls, this may be the only dress she will own.

Joyce Mahoney and Nancy Bové are involved with the Dress a Girl (DAG) program in Canandaigua. Nancy became involved when Holy Redeemer church was looking for a ministry. She went to a DAG meeting in Brighton and thought it

sounded like something they could do. Turns out, she was the only one in her group who could sew! Undaunted, she rounded up about 50 more volunteers. They met at Crosswinds to sew and donate the dresses to Crosswinds' missionaries. That group eventually dwindled. Currently a group of around 6-12 dedicated people meet every 6 weeks at Good Shepherd Lutheran church to make dresses and dolls for girls. As Joyce says, "We always learn something new about sewing at the meetings. It's very creative!"

The dresses themselves are simple. They are made of cotton or cotton blends, and each dress has a large pocket in the front. The group also makes dolls to fit in the pocket. The dresses are modest: the length is below the knees, not see-through or too light colored. The seamstresses are free to get creative with trim, buttons, or embroidery as long as the end product is easy to care for.

Last year, the group made 120 dresses and had over 400 dolls, although some of the dolls were donations of Beanie Babies. Dresses have been sent to 82 countries around the world. Dress a Girl also gives

clothing to Indian Reservations in South Dakota and Arizona along with sending quilts and clothes to missions in Appalachia. In some cases, the group provides sewing machines to women, teaching them how to provide clothing for their families and communities and perhaps earn money in the process

If you would like to help with this ministry, they are always happy to welcome newcomers. As Nancy explains, "The group is open, anyone can come and help. If you can't sew you can cut fabric or stuff dolls. We'll find something for you to do. And we provide lunch!" The group meets on Saturdays from 10AM till 1PM. You can contact Good Shepherd (585-394-2760) for the next meeting date. Donations of fabric are always welcome. Just be sure the fabric is cotton, is not too thin, and has a print that would be appropriate for little girls in foreign countries.

With human trafficking becoming a bigger problem around the world, how amazing to think that something as simple as a new dress can make a difference. As Joyce said, "If our dresses save even one little girl, it is worth it!"

## FREE SMILE DAY!

### Free Smile Day: Spreading Free Smiles Across Ontario County

“Supply A Smile”, “Gullo Dental” and Canandaigua Churches In Action are partnering once again to provide a day of free dental services to any Ontario County resident, 18 years of age and older who has no dental insurance. The services offered are fillings, extractions and cleanings. Patients will be served on a first come, first served basis.

**When and Where?**  
**Gullo Dental**  
**330 N. Main St.**  
**Canandaigua, NY**  
**Saturday, May 18, 2019**  
**8 am- Noon, 1 PM- 5 PM.**

**What if more extensive dental care is needed?**  
Free Smile Day event is NOT able to provide all manner of dental care services. However, we recommend that patients requiring additional treatment, explore contact with “Supply A Smile”.

Supply A Smile provides dental screenings on the FIRST SAT. of each month- Sept.- May at 9 AM the Canandaigua Primary School.

**(For more information, contact, Joan Wood-Director of Supply A Smile-**

[supplyasmile@gmail.com](mailto:supplyasmile@gmail.com)  
or 585-376-2242 )

## CONGRATS!

“Supply A Smile” is the recent recipient of the “Choose Health Ontario Award 2019” for its service to the community!

## COMMUNITY GARDEN

In 2013 CCIA was approached by FOODLINK to expand their Community Garden efforts into Ontario County. This garden was sponsored by a grant that provided all the materials to construct 10 raised bed gardens. This grant also provided the topsoil, compost and plants for the garden. The name we have selected, “Goshen Gardens” is located at Zion Fellowship.

Each year pantry families are encouraged to be a part of the community garden. It gives families the experience of having and caring for a garden

while providing fresh produce through the harvest season.

Workdays are set aside to work together to help clean and prepare the raised beds for planting. After the risk is over for the last frost, a day will be set for planting. Once planted, the garden needs to be cared for. Families will be given a specific day during the week that they will be responsible for to come in and water the garden and weed as needed. Water and tools are provided for families to use.

This is a community garden project, and all families that participate will share in the produce during the harvest season. It won't be long now before the gardening season begins. Know someone who would benefit from being part of the community garden? Have them call Pastor Jeff at 394-7450, x-311.

Visit our website at:  
[www.churchesinaction.org](http://www.churchesinaction.org)

## OUR MISSION

We are the hands of Christ working together to address the unmet physical and spiritual needs of our neighbors in the greater Canandaigua community by providing direct services, advocacy and education.

Visit us on our website: [www.churchesinaction.org](http://www.churchesinaction.org)

# CCIA & THOMPSON CO-OP NEIGHBORS AT 120 NORTH MAIN

## MONDAYS

8:30 AM - 4:30 PM...Center for Dispute Settlement (Room 45)  
9:30 AM - 11:00 AM...St. Vincent Voucher (Room 25)  
10:00 AM - 2:00 PM...Catholic Charities (Room 27)  
10:00 AM - 2:00 PM...Resource room (Room 27)  
4:00 PM - 5:00 PM...CCIA Food Pantry at Zion Fellowship, 5188 Bristol Street Extension

## TUESDAYS

8:30 AM - 4:30 PM...Center for Dispute Settlement (Room 45)  
10:00 AM - 2:00 PM...Resource Room (Room 27)  
10:00 AM - 2:00 PM...Catholic Charities (Room 27)  
11:00 AM - 1:00 PM...St. Vincent Clothing (Room 17)  
Noon - 2:00 PM...CCIA Food Pantry (Room 31)  
Noon - 4:00 PM...Care Net (Room 28)  
Noon - 5:00 PM...Mental Health Assoc. of Ontario Co. (Room 37)

## WEDNESDAYS

8:30 AM - 4:30 PM...Center for Dispute Settlement (Room 45)  
10:00 AM - 2:00 PM...Catholic Charities of the Finger Lakes (Room 27)  
10:00 AM - Noon...CCIA Food Pantry (Room 31)  
11:00 AM - 1:00 PM...St. Vincent Clothing (Room 25)  
10:00 PM - 4:00 PM...Care Net Pregnancy Center (Room 28)  
(Care Net: Parenting Class by Appointment)

## THURSDAYS

8:30 AM - 4:30 PM...Center for Dispute Settlement (Room 45)  
9:30 AM - 2:30 PM...Mental Health Assoc. of Ontario Co. (Room 37)  
10:00 AM - 2:00 PM...Resource Room (Room 27)  
11:00 AM - 1:00 PM...St. Vincent Clothing (Room 25)  
Noon - 2:00 PM...CCIA Food Pantry (Room 31)  
7:00 PM - 8:00 PM...CCIA Food Panty - Zion Fellowship 5188 Bristol Street

## FRIDAYS

9:30 AM - 11:00 AM...St. Vincent Voucher (Room 25)  
10:00 AM - Noon...CCIA Food Pantry (Room 31)  
10:00 AM - 2:00 PM...Catholic Charities (Room 27)  
10:00 AM - 2:00 PM...Resource Room (Room 27)

## SATURDAYS

10:00 AM - Noon...CCIA Food Pantry (Room 31)  
10:00 AM - Noon... St. Vincent Clothing (Room 17)  
10:00 AM - 2:00 PM...Catholic Charities (Room 27)

For more information on our SAS Dental Program, please call (585) 396-2242.

## MINISTRY CONTACT PHONE NUMBERS

**CCIA Resource Room**  
(585) 396-2242  
**CCIA Resource Room Fax**  
(585) 396-7831  
**Catholic Charities of the Finger Lakes**  
(585) 394-0190  
**Catholic Charities Geneva Office**  
(315) 789-2686  
**CCIA Food Pantry**  
(585) 394-7450  
**CCIA Food Pantry @ Zion Fellowship**  
(585) 394-7450  
**Care Net Pregnancy Center**  
(585) 393-0437  
**St. Vincent de Paul**  
(585) 394-3980  
**FIDELIS CARE: Veronica**  
Cell (315) 460-6498  
**Center for Dispute Settlement**  
(585) 396-0840  
**Mental Health Assoc. of Ontario Co.**  
(585) 629-0386  
**Community Support Center**  
(585) 396-4554

## OUR MEMBER CHURCHES

Lifespring Community  
New Covenant Baptist  
St. John's Episcopal  
St. Benedict Parish  
The United Church  
Zion Fellowship  
Aloquin - First United Methodist  
Chapin United Methodist  
Crosswinds Wesleyan  
Door to Hope  
First United Methodist  
Good Shepherd Lutheran  
Holy Redeemer Anglican